

**REGIONAL EDUCATION CONFERENCE**

**Saturday, March 9, 2013**

**8:30am -4:00pm**

**Gordon Club Conference Center, Fort Gordon**

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The 14<sup>th</sup> Annual Alzheimer's Association Education Conference is open to both family and professional caregiver and will feature a full day of education focused on care strategies and awareness on all dementias. Exhibitors will be on hand with a wealth of information on community resources.

**Featured Speaker:** Teepa Snow, MS, OTR/L, FAOTA, Dementia Care Specialist\*

\*See reverse for sessions and goals/objectives

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**Registrations are required due to limited seating.**

Please check the circle that applies for your registration

- Family Caregivers/Direct Care Workers (e.g. CNA's) / Students \$10.00\***  
 **Professionals \$30.00\***  
 **Social Workers\*/Core Hours \$40.00\***

(An application has been submitted to NASW-GA for approval of 5.5 core hours)

\*Payment can be made by credit card, cash or checks payable to the: Alzheimer's Association. Fees for the conference are at a low rate for 2013 due to a generous donor and our sponsors. Fee includes continental breakfast, lunch and handouts. This form can be copied.

For questions or more information call: 800-272-3900 or 706-860-4599

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Work Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

*Mail or Fax this form no later than 12 noon on Monday, March 4<sup>th</sup>:  
Alzheimer's Association, 106 SRP Drive, Suite -A, Evans, Georgia 30809*

**NOTE:** To enter Ft. Gordon, drivers must have drivers license, registration, and proof of insurance. All vehicle occupants must have a picture ID.

*Gold Sponsors:*



## Sessions with Goals and Objectives

### **The State of the State – Dementia Advocacy & Research**

**Goal:** Provide an up to date review of the Georgia Alzheimer's State Plan, current research and clinical trials.

**Objectives:** 1. Describe the content of the proposed draft State Plan. 2. List clinical trials and current research accessed through the Alzheimer's Association TrialMatch

### **Understanding the Different Dementias –One Size Does NOT Fit All**

**Goal:** Provide specific and distinguishing characteristics of some of the more common forms of dementia including: Alzheimer's, vascular, Lewy Body and fronto-temporal dementia and how care and expectations may need to be changed for each condition as well as for those with mixed picture dementia

**Objectives:** 1. Distinguish between normal and abnormal brain changes in brain functions associated with the aging process. 2. Describe similarities and differences among dementia, delirium and depression. 3. Compare various dementias regarding initial symptoms, progression patterns, and management and treatment strategies.

### **Recognizing & Assessing Medical Emergencies When Dementia is Part of the Picture**

**Goal:** Provide more effective and accurate assessments of pain status and possible medical emergencies when dementia is present

**Objectives:** 1. Identify common signals or signs that people with dementia exhibit when 'something' is wrong versus when they are having a bad day 2. Describe common screening maneuvers that can and should be used to rule out some common problems that occur when the person has dementia. 3. Discuss some of the most common causes for acute changes in function, behavior, or alertness/distress. 4. Discuss effective techniques to report changes in behaviors to other healthcare providers unfamiliar with the person who has dementia so that appropriate interventions are provided.

### **The Other Side of the Mirror: Understanding What is Happening When Someone is Living with Dementia**

**Goal:** Provide newer information available in understanding dementia so that one can work more effectively with people living with the condition

**Objectives:** 1. Compare and contrast normal brain function to changes that commonly accompany dementia as it progresses. 2. Relate brain changes to behavioral and ability changes. 3. Use strategies and techniques that are more effective. 4. Recognize the value of recognizing the presence of the condition using that knowledge to change care provider expectations, behaviors and environmental supports.

### **Non-Traditional Stress Management for the Caregiver and the Person with Dementia**

**Goal:** Provide options and alternatives that can help stress reduction and at the SAME TIME improve care outcomes and management of client behaviors and issues.

**Objectives:** 1. Describe at least five unique stressors that occur when providing extensive or continuous support and care for someone with dementia. 2. Discuss the role of sustained stress on physiological, emotional and physical health of those in a care provision role as well as those living with dementia. 3. Identify at least 5 'non-traditional' stress reducers that individuals can use on a regular and frequent basis including many that can be done with the person (people) for whom they are providing care.